

JOIN US AS FOUNDATIONS MEDICAL CENTER AND
GRAND FITNESS PRESENT

A FUNCTIONAL APPROACH TO WEIGHT LOSS



With the holidays and the New Year right around the corner, you won't want to miss this FREE Lunch and Learn at Grand Fitness with Kyle Chavers, MD. He will discuss the role of functional medicine and the importance of fitness in meeting your weight loss goals.

DECEMBER
8TH
12PM- 1PM

440 Grand Blvd #200, Miramar Beach, FL 32550

Contact us for details and more information

Call 850.269.9000 | www.foundationmedicalcenter.com

Call 850.424.4301 | www.grandfitnessfl.com

